

S.D PUBLIC SCHOOL, PITAMPURA, NEW DELHI
ACADEMIC PLANNER SESSION 2024-25
CLASS- II
SUBJECT- PEACE

MONTH	TOPIC	VALUE	ACTIVITY/PEDAGOG
APRIL	L-1 MEDITATION	BENEFITS OF MEDITATION	HOW TO MEDITATE
MAY	L-2- NON- VIOLENCE	PRACTICE NON-VIOLENCE	CROOSWORD
JULY	L-3- TRUTHFULNESS L-4 HUMILITY	BEING TRUE TO YOURSELF BEING HUMBLE	CHARTING WAYS TO OFFER KINDNESS
AUGUST	L-5- LOVE FOR ALL AND LOVE FOR GOD	WORKING TOGETHER IN HARMONY	WRITE STEPS TO REACH YOUR GOAL
SEPTEMBER (1-15) (11)	REVISION OF HALF YEARLY EXAM		FIVE DIFFERENT WAYS TO DO SELFLESS SERVICE
SEPTEMBER (16-30) (12 days)	HALF YEARLY EXAM		
OCTOBER	L-6- SELFLESS SERVICE HELPING OTHERS	BEING HELPFUL	INTROSPECTION JOURNAL
NOVEMBER	L-7- PLANT BASED DIET L-8- PERSONAL GOAL SETTING	HEALTHY FOOD HEALTHY LIVING SETTING AND TRACKING GOALS	IMPORTANCE OF PLANT BASED DIET
DECEMBER	L-9- INTROSPECTION L-10- KEY PRINCIPLES OF SPIRITUALITY	SELF OBSERVATION PATIENCE AND PERSEVERANCE	POEM- GOD'S CREATION
JANUARY (15-31) (13 days)	L-11- ROLE OF A SPIRITUAL MASTER L-12- LIVING A SPIRITUAL LIFE IN THE MODERN WORLD	CONNECTING WITH THE SPIRITUAL MASTER STICKING TO SPIRITUAL PRINCIPLES IN DAILY LIFE	LISTENING IDEA TO DO BEST FROM YOUR MIND , BODY AND SOUL.
FEBRUARY (1-15) (12 days)	HALF YEARLY EXAM	PEACE LIGHTS THE WAY	WRITE FEW POSITIVE SENTENCES THAT CAN BE USED IN THE